Illinois Public Health Association

Behavioral Health and Population Health Management – Opportunities in Public Health

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This presentation and outline are limited to a discussion of general principles and should not be interpreted to express legal advice applicable in specific circumstances.
Unique Nuances of Behavioral Health

• History and structure of behavioral health system
  – Grew from public institutions and charities
  – Largely “warehousing” of individuals with mental health and substance use disorders (“SUD”)
  – Gradual transition to community-based providers
  – Least restrictive settings
  – Retained public financing as primary means of supporting the system: Medicaid
Intersection of Behavioral Health and Public Health

- In addition to public support of the system, behavioral health and public health have more recently been identified as symbiotic
- Need to treat the “whole person”
- Opioid epidemic
- Heightened awareness of mental health SUD issues
- Direct and indirect costs to society have been estimated at $257 billion for SUD
- $148 billion for mental illness
Special Areas of Concentration

- Wellness and Disease Prevention
- Prevention always a key aspect of addiction approach
- Mental health awareness – mental health first aid
- Studies indicate that individuals with serious mental illness died an average of 25 years younger than the rest of the population
- Individuals with SUDs at higher risk for HIV, AIDS, and hepatitis C -- due to intravenous drug use
Special Areas of Concentration

- Opioid Epidemic
- Overdoses are the leading cause of accidental deaths in the US
- 91 Americans die every day from opioid overdose
  - Deaths have quadrupled since 1999
Opioid Epidemic

• Public health approaches to opioid epidemic
  • Prevention
    – Education
    – Improved prescribing practices
    – Prescription drug monitoring programs
    – Safe storage and disposal of opioids
  • Treatment
    – Outpatient
    – Inpatient/residential
    – MAT
    – Reversing overdose -- Naloxone
Special Areas of Concentration

• Prevention and Key Players
  – Operation Snowball
  – Cebrin Goodman Teen Institute
  – Illinois Association for Behavioral Health
Implications of Behavioral Health and Public Health on Population Health Management

• Primary Prevention
  – Community-based prevention
  – Wellness Activities

• Secondary Prevention
  – SBIRT
  – Mental health screenings
  – Essential health benefits under ACA
Implications of Behavioral Health and Public Health on Population Health Management

- Tertiary Prevention
  - Recovery Homes
  - Relapse Prevention
  - Support Groups
Implications of Behavioral Health and Public Health on Population Health Management

- Medicaid and Alternate Reimbursement
  - Managed care
  - State grants
  - Fee-for-service
Effective Exchange of Health Information

- Legal limitations
  - HIPAA
  - IMHDDCA
  - 42 CFR Part 2
Effective Exchange of Health Information

- Public Health Reporting
- HIPAA allows for disclosures as required for public health reporting obligations
- IMHDDCA allows for interagency disclosures to Illinois Department of Public Health for public health purposes
- IMHDDCA allows for disclosures for public health reporting via an HIE
- 42 CFR Part 2 has no public health reporting exception
Effective Exchange of Health Information

- Data Exchange Opportunities and Models
- Limitations under 42 CFR Part 2 pose greatest barrier
- Final Part 2 Rule now allows for sharing of data for purposes of population health management
- Must utilize a Qualified Service Organization Agreement
- Limited to only those with need to know and must be returned or destroyed
Partnering with Behavioral Health Care Providers

• Benefits of Partnering
  • As noted at outset, heightened awareness of impact of mental health and SUD upon population health
  • Increased morbidity among those with mental health and SUDs
  • Costs of opioid epidemic and impact upon human life
Partnering with Behavioral Health Care Providers

- Opportunities for Partnership
- Data sharing, as allowed under applicable laws
- Reduction in substance abuse and impact on population health
- Reduction in recidivism among incarcerated
Question & Answer

- Questions?
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