

# JOIN US IN THE MORNINGS FOR GROUP EXERCISE!

## WHY?

Starts the day off right with an energy boost!

Gets your workout in early so you have the evening free to socialize!

YOU COULD WIN ONE OF THESE FABULOUS PRIZES!

Each day you attend the group exercise session, your name is entered into the prize drawing! Attend both days to increase your chances of winning!



FitBit Zip



Dick's Sporting Goods Gift Card

Wednesday, June 22

7:00-7:45 am

Room: Imagination

Low-Impact Aerobics & Body Toning  
with Haley

Thursday, June 23

7:00-7:45 am

Room: Nirvana A

Low-Impact Aerobics & Relaxation Breathing  
with Kate and Gayatri

Don't forget to bring your workout clothes, tennis shoes, and water bottle!